

LUNCH

(gluten-free options available)

**See boards for this
week's Specials**

Home-made soup of the day

served with dressed Ciabatta bread £5.50

Arancino 1 Ball/2 Balls £5.50/£10.00

Sicilian rice balls filled with meat ragù or mushroom & Mozzarella served with salad garnish

Granny's Sicilian meat balls with fresh pasta £9.95

Home-made pesto pasta £8.95

Sweet potato fritters £9.75

with poached duck egg, Sicilian caponata & Halloumi

Vegetarian deli platter £8.95

Sicilian Caponata, olives, Provolone cheese, Mozzarella & dressed bread

Meat deli platter

Italian **cooked** ham, cured ham, Spanish Chorizo
Sicilian olives, Provolone cheese & bread £9.50

Chicken and goat's cheese salad £10.00

Chicken breast with crumbled goat's cheese, roast peppers, Sicilian olives, mixed leaves & tomato

Panelle Salad

Sicilian chickpea fritters with mixed leaves, tomato, onion & sweet chilli dip £8.95

NIBBLES/ LIGHTER OPTIONS

Sicilian mixed olives £3.50

❖ with bread £4.95

Rosario's Caprese salad

Tomato, Mozzarella, home-made pesto, fresh basil & dressed bread £6.95

Sicilian Caponata with dressed bread £5.95

Italian traditional vegetable stew (aubergines, peppers, capers, raisins, olives & celery) with a sweet-and-sour flavour

**Most of our menu can be made gluten-free;
the exceptions are the panini bread, Arancini and the local
sausage**

SANDWICHES

on granary bread/gluten-free bread (or on ciabatta for an extra 25p)

- **Italian ham salad** £5.50
with mixed leaves mustard mayo & tomato
- **Sicilian Caponata & Provolone cheese** £5.50
Traditional sweet-and-sour stew made with aubergines, peppers, capers, raisins, celery, olives & mature Italian cheese
- **Chicken, Caponata & fresh basil** £5.50
- **Pane e Panelle** £5.50
Sicilian chickpea fritters drizzled with lemon juice, mayo & mixed leaves
- **Parma ham & rocket** £5.50
Italian cured ham, mustard mayo, Grana Padano, rocket leaves
- **Roasted peppers and French Brie** £5.50
With Devon fire chutney and mixed leaves
- **Traditional English sausage, Devon fire chutney and mixed leaves** £5.75
- **Fig & almond** £5.50
With rocket leaves & goat's cheese
- **Mature Cheddar & tomato with mayo** £5.50

TOASTED PANINI

- **Prosciutto & Mozzarella** £5.95
Italian **cooked** ham with tomato & Mozzarella
- **Home-made pesto with tomato & Mozzarella** £6.25
- **Spanish Chorizo, French Brie & sweet chilli sauce** £6.25
- **Chicken, home-made pesto, tomato & Mozzarella** £6.95
- **Roast vegetables, Devonshire fire chutney, & goat's cheese** £6.25
- **Tuna in , red onion & Mozzarella** £6.25

ROSMARIOS