

OUR GLUTEN-FREE OPTIONS ARE MADE WITH GLUTEN FREE INGREDIENTS AND PRODUCED IN AN ENVIRONMENT WHERE OTHER HOME-MADE FOOD IS PREPARED



See our specials board for this week's specials  
Do let us know if you have any allergies

### LUNCH

Home-made soup of the day & dressed bread	6.50
Nonna's Sicilian Meatballs & fresh pasta <i>With a sprinkling of Padano on top</i>	14.50
Home-made Pesto Pasta	13.95
Add Roasted peppers	1.50
Add Chicken	2.50
Mixed Sicilian olives	4.95
with bread	6.50
Sicilian Caponata with dressed bread [V]	8.95
<i>Italian traditional vegetable stew (aubergines, peppers, capers, raisins, olives &amp; celery) with a sweet-and-sour flavour served at room temperature</i>	
Arancino 1 Ball/2 Balls	6.50/12.00
<i>Traditional Sicilian rice balls filled with Ragù (Bolognese) Italian Ham &amp; Mozzarella Mushroom &amp; mozzarella Spinach &amp; Mozzarella</i>	
Chicken & goat's cheese salad	13.50
<i>Chicken with crumbled goat's cheese, roast peppers, Sicilian olives, mixed leaves &amp; tomato</i>	

### TOASTED PANINI

- Prosciutto & Mozzarella cheese 6.95  
*Italian cooked ham, tomato & Mozzarella cheese*
- Local Bacon, French Brie & Tomato 7.50
- Spanish Chorizo, French Brie & sweet chilli sauce 6.95
- Chicken, home-made pesto, & Mozzarella cheese 7.55
- Cured Ham, local Cheddar & Tomato 6.95
- Panelle & Peppers [V] 6.95  
*Sicilian chickpea fritters with roast peppers & sweet chilli sauce*
- Roasted Peppers, Devonshire Fire Chutney & Goats Cheese 6.95
- Home-made pesto, Tomato & Mozzarella 6.95

### SANDWICHES

On Granary bread/Gluten-free bread  
or **Ciabatta** +25p

- Italian Ham salad 6.00  
*with mixed leaves mustard mayo & tomato*
- Sicilian Caponata & Cheddar cheese [V] 6.00  
*Traditional sweet-and-sour stew made with aubergines, peppers, capers, raisins, celery, olives & mature cheese*
- Chicken, Caponata & fresh basil 6.00
- Pane e Panelle [V] 6.25  
*Sicilian chickpea fritters drizzled with lemon juice, mayo & mixed leaves*
- Parma ham & rocket 6.95  
*Italian cured ham, mustard mayo, Grana Padano, & rocket leaves*
- Roasted peppers & French Brie [V] 6.00  
*With Devonshire fire chutney and mixed leaves*
- Fig & Almond [V] 6.55  
*With rocket leaves & goat's cheese*
- Mature Cheddar Cheese & Tomato with mayo [V] 6.00